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Muktinath tour will take you to the secret sanctuary revered by Buddhists and Hindus, located at an altitude of 3,800 meters in the lap of the Himalayas in the Mustang district of Nepal. Muktinath is also known as "Mukti Kshetra, "meaning "Home of Moksha or Freedom." It is the place to which thousands of pilgrims from Nepal and various states of India, such as Delhi, Mumbai, Chennai, Uttar Pradesh, and Bangalore, as well as trekkers from Europe and America, makes the pilgrimage every year. We have different Muktinath tour packages that offer private and group luxury at an affordable cost. The best month is February to November, very suitable for the Muktinath Darshan tour. There are several ways to reach Muktinath temple by helicopter, plane, and road.

Trip highlights

- Scenic drive from Kathmandu Pokhara and next day flight to Jomsom.
- The trip passes through beautiful and arid landscapes.
- Enjoy a trip to one of the most sacred temples, Muktinath.
- You will become familiar with Hindu and Buddhist nomadic principles.
- Sacred bathing, worship, and immersion in the ponds and water jets of the Muktinath temple.
- Impressive views of the snow-capped massifs of Annapurna and several other peaks.
- Excellent photographic opportunities of rivers, waterfalls, landscapes, and snow-capped mountains.
- You will visit the primary pilgrimage site of the Muktinath temple.
- You will visit some of the beautiful UNESCO World Heritage sites in Kathmandu.

- You will visit Kathmandu's Durbar Square, one of the three ancient Durbar Squares.
- Gupteshwar Mahadev Cave in Pokhara.
- Pashupatinath Temple in Kathmandu.

Itinerary highlights

The itinerary below is only a guideline for your trip. We also offer tailor-made itineraries to meet your specific needs. Contact our team of experts to get the perfect vacation packages according to your interests and requirements.

Day 1: Arrival in Kathmandu

Day 2: Sightseeing in Kathmandu

Day 3: Sightseeing tour to Patan and Bhaktapur

Day 4: Drive to Pokhara, Manakamana on the way

Day 5: Flight to Jomsom, drive to Muktinath

Day 6: Fly back to Pokhara airport and Pokhara sightseeing tour.

Day 7: Return to Kathmandu

Day 8: Transfer to the airport.

Overview

Muktinath tour package combines all the opportunities to visit Nepal's most important pilgrimage sites. Muktinath temple is the religious epicentre of salvation and liberation in the Jomsom district. It is well-regarded for its marvellous pilgrimage needs, accompanied by the holy epics of Hinduism and Buddhism. Our Muktinath Package tour is designed in a purely spiritual blend of seeing various places in Kathmandu and Pokhara along with the impressive Muktinath itself. Located 48 km northeast of Jomsom, the Muktinath temple is dedicated to Lord Vishnu. It is situated at an altitude of 3,749 meters. It offers a breathtaking view of the beauty of the Trans-Himalayas in the Jomsom district. Muktinath temple is a pagoda-shaped temple surrounded by 108 water shoots and two sacred ponds. Although religious faith is the main reason pilgrims visit Muktinath temple, it is also known for its diverse geographical features and excellent settlement, which offers breathtaking views of the Himalayas.

A bath in the icy sacred pond of Muktinath is said to erase and release all sins. It is believed that looking at Muktinath brings happiness to life and salvation to the soul to break the cycle of birth and rebirth. Many people attend Nepalese festivals, such as Janai Purnima, on certain days and Tithi to pay homage to Lord Muktinath. However, devotees visit the Muktinath temple and worship there throughout the year. The main attraction of the Muktinath trip is the Muktinath temple. At Mustang, where the Muktinath temple is located, lies the Kaligandaki River. The Amniote fossils, Shaligrams, found in the river are said to be the incarnation of Lord Vishnu.

About 100 m south of the Muktinath temple, the Jwaladevi temple is another attraction that appeals to both Hindus and Buddhists. The goddess of the eternal flame, representing the primordial source of life, is another attraction at Muktinath. Several gompas in the area provide an insight into the Buddhist way of life and culture.

First and foremost, the temple is a centre of fundamental spiritual and religious values. But the atmosphere and surroundings of the Muktinath temple are also relaxing, and the flight to Jomsom is adventurous. The beauty of Pokhara valley and its surrounding area is also indescribable. Strolling around the lake and visiting the various temples and caves of Pokhara will genuinely amaze you and give you a complete pilgrimage.

The Muktinath tour package includes some of the most important pilgrimage sites in Kathmandu, such as Boudhanath Stupa, Pashupatinath Temple, and Swayambhunath Temple. Pashupatinath Temple is one of the most important pilgrimage sites for Hindu devotees and is dedicated to Lord Shiva, while Boudhanath Stupa and Swayambhunath Temple are dedicated to Buddha. You can visit the Manakamana Temple, located on the road from Kathmandu to Pokhara. The Manakamana Temple is a wish-granting temple where you ask the goddess for something with a pure soul. The cable car ride over the Trishuli River is also fantastic.

Pokhara is also the main tourist capital of Nepal and offers beautiful Himalayan views, spirituality, pilgrimages, and adventure. Pokhara has several adventure activities such as paragliding, zip-lining, boat rides, hot air ballooning, trekking, mountain biking, etc. If you wish, you can do them in addition to a pilgrimage tour.

Bindyabasini temple, Gupteshwar Mahadev cave, Tal Barahi temple, etc., are some of the significant pilgrimage attractions in Pokhara city. Guptehwar Mahadev cave is a beautiful cave system where a statue of Lord Shiva was discovered in medieval times. The Bindyabasini and Tal Barahi temples are dedicated to the goddess Bhagawati.

Muktinath tour package is one of the best trips that take you to Nepal's most significant pilgrimage sites and offers spirit-blowing natural beauty. On this tour, you will have a drive from Kathmandu to Pokhara; on the way, you can visit Manakamana Temple. The next day you will fly from Pokhara to Jomsom, visiting the beautiful Muktinath Temple. After visiting holey Muktinath Temple, you will fly to Pokhara and visit Bindyabasini Temple, Gupteshwar Mahadev Cave, Tal Barahi Temple, Fewa Lake, and Davis Falls. After seeing these places, you will return to Kathmandu.

The attraction of the Muktinath trip

Mukti Kunda: Two sacred water ponds in front of the Muktinath temple known as "Laxmi Kunda." It is believed that jumping into this pond cleanses sins.

Mukti Dhara: The 108 bull-headed water spouts in the backyard of the Muktinath temple, where the holy water of the Gandaki River flows continuously. Taking a sacred bath under 108 Mukti Dhara is said to bring salvation.

Jwala Mai Temple: A sacred burning flame made of rocks inside the Dhola Mebar Gompa is only a five-minute walk away and is located in the southern region of the temple.

Mharme Lha Khang Gompa: in the northern part of the Muktinath temple, a monastery is dedicated to Guru Rinpoche, also known as Padmasambhava.

Shaligran (Ammonite): Jurassic Park age fossils found at Kaligandaki River. This black stone is the symbol of Lord Vishnu and is kept in the prayer room of the house.

Details Itinerary

Day 01: Arrival in Kathmandu

The flight to Kathmandu on a clear day is indeed scenic. The view of the snowcapped mountain stretching out below you is short of ecstatic and the beginning of a whole chain of memorable experiences that will stay with you for a lifetime. A representative from our office will meet you at the Kathmandu international airport and escort you to your hotel. Our representative will help you check-in at your hotel and brief you on your daily activities.

Meals: No meals.

Day 02: Kathmandu Sightseeing

After an early breakfast, you will be ready for a sightseeing tour of Kathmandu's four most important sites - Swoyambhunath (Monkey Temple), Boudhanath, Pashupatinath, and Kathmandu Durbar Squire. You will begin today's excursion with a visit to Swoyambhunath Stupa, a 2,500year-old site where the radiant lotus of the valley's mythology is believed to have settled when Manjushri, the god of wisdom, drained the waters. The 5 Dhyani Buddhas, accompanied by their consorts, are immortalized at the foot of the stupa. Next, you arrive at Boudhanath, the largest stupa in the world and the centre of Tibetan Buddhist culture in Nepal. Around the monastery, there are historic stores where you can buy things of interest that have to do with Buddhism. After Boudhanath, the next stop is the temple of Pashupatinath, which is located on the banks of the Bagmati

River. It is the holiest temple for Hindus. Many Hindu and Buddhist people from different parts of the world visit this temple. The temple is dedicated to Lord Shiva and Hindu cremation ground. During the Shiva Ratri festival, the temple is filled with devotees. In the afternoon, visit Kathmandu's Durbar Square, Hanuman Dhoka, the former royal residential quarter, the temples of Mahadev and Parvati, Machhender Bahl - a sacred place for Buddhists and Hindus, the temple house of Kumari, living goddess. Walk through the local shopping area and then head to the hotel.

Meals: Breakfast included.

Day 03: Sightseeing tour of Bhaktapur and Patan

After breakfast, we will take you to the ancient Durbar Square of Bhaktapur, where you will witness unique culture and the finest craftsmanship. Bhaktapur is the only place in Nepal that is untouched by western culture. The Lion Gate, Golden Gate, Art Gallery, Statue of King Bhupatindra, Nyatapola Temple, and the Malla Palace with its fifty-five windows are the living pride of Bhaktapur. You will visit all these places and head to Patan to explore the Patan Durbar Square, Mahaboudha Temple, Kumbeshwor Temple, Krishna Temple, and many other places, The Golden Temple and many other places in Patan. It will seem as if Patan has been placed in fronts of you like an open museum displaying ornate windows, Pagoda-style temples, statues of gods and goddesses with erotic carvings and metalwork facades, and many other exquisite facets. You will also visit the handicraft centre of Patan and then drive to the hotel.

Meals: Breakfast included.

Day 04: Drive to Pokhara, Manakamana on the way

At 08 AM: After breakfast at the hotel, drive to Pokhara (approximately 7 hours drive). En route, visit Manakamana Temple (optional) and continue to Pokhara. On the way, you can do river rafting on the Trishuli River, which is optional.

Manakamana Temple is only a 10-minute cable car ride from Kurintar Station. Manakamana is said to be the goddess who fulfils our wishes. It is 104 km far from Kathmandu city.

Meals: Breakfast included.

Day 05: Flight to Jomsom, drive to Muktinath

06:00 AM: Early in the morning, transfer to Pokhara airport. Fly to Jomsom, check into hotel, breakfast and drive to Muktinath by private jeep.

Important note: To reach Muktinath Temple takes about 2 hours. After getting off the jeep, you will have to walk for 20/30 minutes to reach the temple. After visiting the temple and darshan/pooja, return to Jomsom for an overnight stay. You can see the Eco-Museum and Mustang Monastery in Jomsom if you have time. This museum is located near the airport and houses ancient artefacts and manuscripts on Tibetan culture, herbs, and medicine. A pony can be hired to reach the base of the Muktinath Temple, but it is also accessible on foot.

Muktinath temple is said to be a place where Brinda saved Lord Vishnu. The main shrine is a pagoda-shaped temple dedicated to Hindu Lord Vishnu. It is believed that one washes away all pains and sins by showering with the holy water from the 108 springs just behind the temple. Another attraction is the two ponds in front of the temple where one dives. In addition to these temples, you can enjoy the spectacular scenery of the valley surrounded by mountains.

Meals: Breakfast and dinner included.

Day 06: Return flight to Pokhara and half-day Pokhara city sightseeing.

06:30 AM: Fly from Jomsom back to Pokhara and enjoy breakfast at your hotel in Pokhara.

After breakfast, half-day visit to David's Waterfall, Gupteshwar Mahadev Cave, Tal Barahi Temple, and Phewa Lake. In the afternoon, enjoy a boat ride on Phewa Lake. Optional activities in Pokhara: Rafting, paragliding, ultralight, bungee jumping, and zip line.

David's fall's: David's Falls is an incredible waterfall in the Pokhara Valley that is almost 500 feet long and runs 100 feet below the ground. It is also known as Patale Chhango, which means the underwater world. On July 31, 1961, a Swiss couple wanted to bathe in Davi, but the woman drowned in a well. Since that day, the place has been known as David's Falls.

Gupteshwor Cave: Gupteshwor Mahadev Cave, one of the longest in Nepal, is almost 3 km long. Inside the cave, there are some walls from which water drips, and at a depth of about 40 m, we can see the statue of Lord Shiva. The Gupteshwor Mahadev cave is located near the David Falls.

Bindhyabasini Temple: The Bindhyabasini temple is located 3,000 m above sea level. This religious place of the Hindus living in the Pokhara region is dedicated to the goddess Durga. Goddess Durga, also known as Kali Mata, symbolizes a bloodthirsty goddess. Many people come here to worship her and sacrifice animals.

Phewa Lake and Barahi Temple: The beautiful Phewa Lake is the second largest lake in Nepal. It has an area of 4.43 square kilometres and an average depth of 8.6 meters; the maximum depth is 19 meters. Mount Annapurna is reflected in Phewa Lake. Another attraction of this lake is the pagoda-style Barahi temple, located on an island in the middle of Phewa Lake.

Meals: Breakfast included.

Day 07: Return trip to Kathmandu

After breakfast, drive back to Kathmandu, check-in at the hotel. In the evening, you can visit Thamel and other shopping areas.

Meals: Breakfast included.

Day 08: Transfer to the airport.

You will have free time until your flight. We will transfer you to Kathmandu airport 3 hours before departure time.

Meals: Breakfast included.

Costs include

- Transportation to and from Tribhuvan airport.
- Four nights in a 3-star hotel in Kathmandu, including breakfast.
- Two nights in Pokhara in a similar category, including breakfast.
- One night in Jomsom with all meals included.
- Flight ticket to and from Jomsom.
- Ticket for the Manakamana cable car.
- Annapurna Conservation Park permits and TIMS card.
- All transportation to and from Pokhara.
- Government-authorized and experienced tour guide.
- Insurance, food, lodging, and salaries for the guides.
- Service charges and state taxes

Cost Excluded

- International airline tickets
- Lunch and dinner in Pokhara and Kathmandu
- Entrance fees during the tour.
- Your expenses, purchases, etc.
- Tips for guides, porters and driver
- Lodging and additional meals outside the itinerary
- Costs arising from unforeseen events

Food and lodging

You will stay at 3-star hotels in Kathmandu, Pokhara, and one day in a guesthouse in Jomsom on a bed and breakfast basis.

In Kathmandu and Pokhara, you can eat at the hotel or in full-service cafeterias, restaurants, and canteens during your stay in Nepal. Morning breakfast is included in the price, but lunch and dinner are not.

Accommodation in Kathmandu is in double or twin sharing on a bed and breakfast basis, except for the additional cost of the single supplement (subject to room availability), depending on the standard of the hotels you choose before and after the tour. Accommodation for most of the tour will be in standard double rooms or per your availability and requirements.

FAQS

How to get to the Muktinath temple?

1. by helicopter: we can do Muktinath Darshan by helicopter in 1.5 hours from Pokhara and 3 hours from Kathmandu. You usually fly from Kathmandu or Pokhara early and land near the Muktinath temple. You will have time for puja at Muktinath temple and then fly back to Pokhara or Kathmandu by helicopter.

(Note: There are regular helicopter flights for the Muktinath tour from Kathmandu and Pokhara. There are five to six seated helicopters available for charter. Therefore, it is good to gather 5 to 6 people for the Muktinath tour).

2. by road and by plane: visiting Muktinath Temple by road and by plane is another good option. Go Kathmandu to Pokhara by car or by plane, then the next day early flight from Pokhara to Jomsom and walk 20 minutes to the jeep station then drive another 1.5 hours Jomsom to Muktinath by Jeep. You will walk another 20-30 minutes or rent a horse to get to Muktinath temple when you arrive at the jeep station.

3. By road only: Drive from Kathmandu to Pokhara (200 km - 6 hours) overnight. Next day Pokhara to Jomsom (170 km - 9 hours) overnight. Early morning, drive to Muktinath for darshan, return to Pokhara overnight, and return to Kathmandu.

How to travel to the temple of Muktinath?

You can choose between a domestic flight and ground transportation. Most travellers prefer the domestic flight, as road conditions are not so good.

What is the best time for the Muktinath trip?

The Muktinath trip can be made all year round, but the best time is from March to May and September to November.

What kind of accommodation is available for the Muktinath trip?

There are cheap hotels up to luxurious 5-star hotels in the big cities like Kathmandu and Pokhara. At the same time, there are only standard guesthouses that are well equipped and have bathrooms in the Jomsom Muktinath region. There are also luxury hotels in Jomsom.

What kind of food is available during the Muktinath excursion?

In the Jomsom Muktinath region, you can get any food, either Indian or continental, vegetarian or non-vegetarian, depending on your choice.

What should I bring during the excursion to Muktinath?

You do not need any special items for this trip. You can carry your luggage depending on the month you travel. Jomsom is a windy place, so you need to have a windbreaker for Jomsom and Muktinath area in all the months you travel. Other things are considered normal.

How many days need to visit Muktinath temple?

Usually, the Muktinath tour can be done in at least four days, but we highly recommend planning at least six days to travel without rushing.

What is medical care like in the Jomsom Muktinath region?

There is a small hospital in Jomsom for usual treatment. Pokhara is the nearest city for better medical treatment if something serious happens.

What is done in case of emergency?

In an emergency, a helicopter will be used from Kathmandu or Pokhara.

Do we need a special permit for the Muktinath trip?

Yes, the permit is required for the Muktinath excursion. All travellers need two permits. One is the Annapurna Conservation Area permit, and the other is the TIMS card. We will arrange it.

Essentials

The best time to visit the Muktinath temple

Visitors can explore this area all year round, but it is a little colder in winter. The months of March, April, May, June, September, October, and November, in autumn and spring, are the preferred months to do the Yatra. During this time, the weather is so frightful that the snow-capped White Mountains with the clear blue sky touch the soul of the visitors. Thousands of pilgrims visit this Muktinath temple on festive days like Ramnahami, Janipurnima and offer "SHARATHA" to their deceased parents at the time of Dashain, i.e., rituals after the death of parents so that their soul enters BAIKUNTHA.

Special permits to visit Muktinath

The Muktinath region is located in Nepal's Annapurna Conservation Area and Trekking Zone. Therefore, two special permits are needed to reach Muktinath Temple, one from the Annapurna Conversation Area (ACAP) and one from the Trekkers Information Management System (TIMS).

Travel insurance

We recommend that you take out insurance to cover your liability, accidents, and illness during the service. Depending on the type of activity, proof of assistance, hygiene, and search insurance may be required. An adequate insurance plan is mandatory for your stay in Nepal during the trip.

Personal safety

Wherever you are, you are responsible for your health and safety. In the city, beware of scammers and touts. Outside the airport or on the street, cabs are likely to charge more than average. Pickpockets are active in the cities and also in the mountains. Even if you are an experienced hiker or have good health and stamina, you are not familiar with the Nepalese mountains, so it is advisable to go with a guide and stay close to your group.

You should not take valuables such as gold or diamond necklaces, rings, or bracelets to the mountain, and you should also keep your backpack safe. Your passport, permits, phone, and cameras should always be with you. Keep the money you carry safely.

Do not get too close to the animals and take unnecessary photos during your trip. It is expected, and also for your safety that you travel responsibly and sensibly.

As long as you respect local norms and culture and are open-minded towards the local community, you will be treated well and respected, regardless of your gender, religion, and culture.

Weather

Muktinath and its upper valley are located in the Mustang region. The climate and landscape are similar to the Tibetan plateau, as it lies in the shadow of the Great Himalayas. Alternating hot and cold leads to the sacred shrine of Muktinath in the Mustang district. The Kali Gandaki River flows southward through the region from the north, forming deep gorges. The temperature in summer (March to August) ranges from a maximum of 16 to 18 degrees Celsius and a minimum of 6 to 8 degrees Celsius. In early winter (September to November), the temperature ranges from 14 to 16 degrees Celsius and 0 to 4 degrees Celsius. In winter, the maximum temperature is around 6 degrees Celsius, and the minimum is 0 to -8 degrees Celsius.

Clothing

Everyday warm clothing is recommended. A light warm jacket, a wool sweater, warm T-shirts, comfortable shoes, and cotton pants are sufficient for this excursion. It is recommended to bring a down jacket for the winter.

Lodging

There are enough hotels and lodges near Muktinath in Jharkot and Ranipauwa. The hotels and motels are good. Some hotels have solar-heated hot showers and offer rooms with attached bathrooms. There is also a local restaurant that offers good food. You can find free Dharamsala for Hindu pilgrims.

Other facilities

There are STD/ISD telephone services in Ranipauwa and Jharkot. Health post and post office in Jharkot. A police station, ACAP tourist information centre, and drinking water supply station in Ranipauwa. Electricity is also available there.

Rules and regulations

Muktinath is in the Annapurna Conservation Area, for which an entrance fee is charged. Entry can be obtained in Kathmandu and Pokhara. The entrance fee to ACAP is Rs. 200 per person for Indians and other SAARC nationals and other foreigners in the US \$ 20 per person. An additional fee of the same amount will be charged if permits are issued at a local checkpoint. Permits are valid for one entry, non-refundable and non-transferable, and children under ten years of age do not pay entrance fees.

Reviews

Great trip through Nepal

Mr Kishor was excellent from the beginning to the end of our trip. Everything was well organized during our trips, such as hotel, transportation, guide, and driver. We had no problem at all. He provided me with unique memories. Thank you, Nepal Tour & trekking P. Ltd and team.

Muktinath Temple Yatra with best services

We visited Muktinath temple with 20 people in May 2019 with the support of Kishor. They provided us with outstanding services everywhere. We did not face any problems during our trip. The hotel choice was excellent and luxurious, and the driver was amicable and helpful. Thanks to Kishor and all teams for their excellent services during our Muktinath Yatra in Nepal.

The best religious trip to Muktinath

Thank you for organizing our wonderful trip to Muktinath and Pokhara in March 2018. We are both almost 60 years old, but your arrangements were perfect, and we had enjoyed our trip so much that we want to come back to Nepal and ask you to organize another vacation for us again

Wonderful trip to Muktinath

My wife and I visited this Muktinath temple in September 2018. The drive-by offroad vehicle was over bumpy roads, but the views more than made up for it. The villages along the route are picturesque. The temple itself was magnificent, and I found it a deeply spiritual experience to shower under the 108 spouts of icy water and enjoy the sunshine and vibrations of the temple.

Helicopter excursion to Muktinath

The helicopter tour to Muktinath was a great adventure. I was very interested in Tibetan culture and the Muktinath temple. Muktinath is located in the Mustang region, far from Kathmandu, and I don't have enough time for trekking, so I opted to do this helicopter tour. It was a short experience, about 3 hours from Kathmandu.

During the helicopter flight, I was able to see several incredible Himalayan mountain ranges, such as Annapurna, Fishtail, Nilgiri, and many other snowcapped peaks. When I entered the Muktinath temple, I had a different spiritual feeling and learned that the temple is feared by both Hindus and Buddhists. It was a memorable helicopter trip to Muktinath. All the arrangements from arrival to departure of our trip were appreciated. I would like to thank all the members of the Nepal Tour & Trekking Service P. Ltd. for making our trip memorable. Once you visit Nepal, you will know that the cost is worth it. Therefore, I can only recommend this company to Mr Kishor.

Highly recommended visit

If you want to visit Muktinath temple with a travel agency, just go to the Kishor at Nepal Tour & Trekking Service P. Ltd.

My mother and I booked for six days from Kathmandu to Muktinath and back. From the beginning of our trip to the end, Kishor ensured we had not stuck anywhere.

He managed very well. The driver of the private car was very modest. My mother was delighted with the agency. All the best for your business.

Excursion to Jomson Muktinath

We had an eight-day Jomsom Muktinath tour. Mr Kishor and his team were great and admirable. We always felt safe and protected during the trip by Kishor. They gave us plenty of time to explore this beautiful sacred place. Kishor explained many things about nature and culture and other interesting topics about Nepal that we enjoyed. We can recommend this man and the company to other people. Thank you very much for providing a great experience.

Highly recommended travel agency

Thank you so much for the incredible adventure. The Muktinath excursion was fascinating. We appreciated the guide, who gave us an exciting insight into Nepali culture. We always felt safe during the tour, and whenever we had a question, the guide was there for us. His communication skills were excellent, and communicating with him was a pleasure. We will always have unforgettable memories of you and Nepal.

Unforgettable religious trip to Muktinath temple

Twenty-four people from Karnataka visited Muktinath, a sacred Vishnu temple, with a guide. The oxygen level is low in Muktinath. Therefore, the company made an excellent itinerary for the overnight stay in Jomsom and an early trip to Muktinath for worship. I found the best company who gave me good advice for the trek and altitude. It was a fantastic trip.