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Paragliding in Nepal

Paragliding in Nepal is an incremental innovation among the different adventure activities. The experience of flying in the open sky like a bird, witnessing majestic mountains, lakes, cities, and fabulous landscapes will be amazing. Nepal offers some perfect paragliding destinations. The most popular destination for paragliding is Sarankot in Pokhara. In addition, some adventure lovers prefer paragliding from the hill located closer to Godawari with views of the whole of Kathmandu and the northern mountain panorama.

Trip Highlights

- ❖ Sunrise view from Sarangkot
- ❖ The thrill of paragliding adventure
- ❖ Video recording of your flight
- ❖ View of Mount Annapurna I (8,091 m) and Annapurna South (7, 219 m)
- ❖ View of Mount Machhapuchhre 6,993 m and Hiunchuli 6,441 m
- ❖ The beautiful scenery of Pokhara valley and Fewa Lake.

Itinerary Highlights

Day 01: Drive to Sarangkot and enjoy Paragliding.

After arriving at the gliding point in Sarangkot, our expert paragliding pilot will brief you about the safety and handling procedure. And, you will have a fantastic one-hour flight tour under the guidance of the master gliding expert. Then, it is time to share the airspace with numerous birds and other creatures. Finally, the flight ends in Pokhara, near Fewa Lake.

Note: Depends on weather conditions, the cost and schedule of the flight are subject to change without notice.

Overview

Pokhara is a hub for paragliding, whether from Nepal or foreign countries. It is considered one of the best paragliding spots; paragliding starts from Sarangkot hill and takes you above Phewa Lake, from where you can see the beautiful Peace Pagoda. The eagle's eye view of the hills surrounding the lake is a breathtaking sight. Above the hills, mountains like Annapurna and Machhapuchhre complete the horizon to make the view more exciting.

Kathmandu is an up-and-coming paragliding destination, but it offers an incredible view from the top. Starting from the Godavari, the flight takes you over the skies above the city, with the Godavari Botanical Garden also visible as you fly. Mountains such as Langtang and Ganesh Himal add to the scene's beauty and the various hills surrounding the city.

When paragliding in Pokhara, Sarankot, gliders float just above the Pokhara valley, looking at the beautiful Pokhara valley, including the dense and deep forest, tranquil Phewa Lake, sacred monasteries, picturesque settlements. But, most importantly, the pilots will witness the breathtaking views of the famous Annapurna mountain range, the most beautiful of which is the Machhapuchhre (fishtail) and some parts of other mountain ranges.

A veteran pilot accompanies the gliders that set out to float in the sky to experience the thrills of adventure to ensure the safety of the gliders. The take-off takes place from the Sarankot mountain station. It will last 30 minutes. Finally, the gliders will land on the Shore of Phewa Lake.

Paragliding in Pokhara becomes one of the most popular things to do in Nepal in a short period. Because of the lake's outstanding view, the magnificent scenery of the mountains from the high sky, playing with the clouds in the sky and observing the surrounding dense green forests, partly clothed with mists, make people feel complete and realize that the sky exists on earth. Moreover, jumping above the cloud and gliding down, it is beautiful to look down after crossing the cloud cover.

The paragliding flight in Pokhara is from the fantastic and eye-catching hill station of Sarangkot. The flight lasts for 30 to 40 minutes. In this period, you will enjoy the extraordinary view of the villages, temples, lakes, and many mountains like Mount Machhapuchhre, also called the fishtail mountain, Annapurna, Lamjung

Himal, etc. from the sky. Moreover, you will face the birds in the sky and share the sky with the eagles, vultures in the high atmosphere. This 30-40 minutes flight will be an unforgettable moment for a lifetime.

The most important thing is that there are all kinds of safety measures and you will land safely on the shore of the lake collecting a lot of unforgettable memories in your heart.

Therefore, Pokhara is the best destination for everyone to deal with nature and collect memories in the sky, especially by paragliding. Consequently, it is the most preferred sport among all the tourists visiting Pokhara.

We offer you this adventurous opportunity to take to the skies of two important cities of Nepal. According to your needs, you can choose the duration and location. With special attention to your safety, you will be accompanied by an experienced pilot and assures you that this experience will be one to remember for a lifetime.

Best places for paragliding in Nepal

Pokhara: Gliding is a weather-dependent sport and the flying season in Nepal starts from November to February, with the best months being November and December. The take-off point for these flights is Sarangkot (1592 m.), which offers privileged views of Fewa Lake and the mountains at sunrise and sunset, and the landing is next to Fewa Lake. No previous experience is required, as qualified pilots provide a short briefing before take-off. The jeep ride from Pokhara to Sarangkot viewpoint takes 20 minutes. From here, we can see 3 of the highest mountains in the world. Dhaulagiri, Annapurna, Manasalu, all of them over 8000m.

Chapakharka: Chapakharka is the most beautiful take-off place in Kathmandu, 2100 m above sea level. This area is excellent with green hills and a variety of vegetation and birds. Moreover, it is a pollution-free place with good wind for flying only 13 km from Kathmandu Tribhuvan International Airport.

Kot Danda: Kot Danda is another stunning paragliding spot within the Kathmandu valley 12 km from Kathmandu Tribhuvan International Airport. This place is more suitable for those who wish to practice thermal navigation, but it is not without vegetation and birds.

Godavari: the Godavari is about ten kilometres from both Patan and Kathmandu, and many outdoor enthusiasts flock here to enjoy the breathtaking views and beautiful scenery. It is known as Nepal's most popular trekking and paragliding destination due to its rich wildlife and natural splendour. The garden is an extravaganza of plants, trees, ferns, flowers, and orchids. The Godavari is also famous for its butterflies, which can be seen gliding peacefully among the beauty and splendour of the garden. The Godavari is one of Nepal's most scenic and diverse destinations and has much to offer visitors, from mesmerizing views to breathtaking natural beauty and paragliding.

Fulchowki: Fulchowki is the highest green hill station in Nepal. It is suitable for day trekking with an impressive height. It has the tallest broadcasting tower and has a shrine for goddess Fulchowki, located at the top of the mountain.

Itinerary outline

Day 01: Drive to Sarangkot and enjoy Paragliding.

Very early morning, before sunrise, we will drive to Sarangkot paragliding spot. You will enjoy the sunrise view over the mountain. Then you will have breakfast. After breakfast, you will take a rest for almost 2 hours. Then briefing about the flight by the professional pilot and then fly over the panoramic views of Annapurna range, beautiful Mount Fishtail, South Annapurna, Himchuli, Annapurna II, III, IV, Lamjung Himal, Mount Manaslu, and great Mount Dhaulagiri along with the panorama of the landscape and Fewa Lake. After landing, transfer to the hotel.

Cost includes.

- ❖ Pick up and drop off at your hotel in Pokhara at the lakesid.
- ❖ Video and photos
- ❖ Paragliding cost

Cost Exclude

- ❖ Hotel accommodation
- ❖ Any meals
- ❖ Any extra travel plan

Essentials

The best time for paragliding in Nepal

Although paragliding in Pokhara is available all year round, September, October, and November are considered the best months. Autumn is the peak season when people worldwide visit lake city for paragliding and many other fun activities. The sky is clear, and thermals can develop quickly, making it possible to fly up to 3000 meters.

Another favourite season is spring (March, April, and May). You can also opt for a flight in Monsoon, which offers green fields if you watch the weather and find a clear day. Paragliding can be done at any time of the year as long as the weather is good.

Flights usually take place three times a day, around 10 am, noon, and 2 pm. Early flights are calm and stable, and thrill-seekers choose the midday flight when the thermal has appropriately formed, offering a turbulent flight.

Safety

Paragliding is as safe as any other sport. However, you will not have to worry about anything during tandem paragliding. You must follow specific rules while paragliding alone or learning. These rules are mainly there to make paragliding a safe sport with particular disciplines. If you are an expert and know how far you can go without hurting yourself, you will be safe. In tandem paragliding, make sure you listen carefully to the instructions and enjoy a comfortable ride. Pokhara is believed to be one of the safest paragliding places in Nepal.

As safe as it is, there is always the risk of unknown accidents. That is why it is highly recommended to take out travel insurance before travelling anywhere, especially before participating in adventure activities. It can come in handy in unexpected situations.

For solo pilots:

Solo pilots must obtain a permit from the Civil Aviation Authority of Nepal (CAAN), which costs \$50 + 13% VAT for 15 days... and gets cheaper as the duration increases. Paragliding in Pokhara also requires membership in the Nepal Air Sports Association (NAA), which costs \$16.

Accommodation

Accommodation is not included in this trip

FAQS

Is there a weight limit for paragliding in Nepal?

If you are a passenger, the weight limit for tandem paragliding usually ranges from 242 to 264 pounds (110-120 kilograms). It allows a maximum limit of 485 - 529 pounds (220-240 kilograms) for the pilot, passenger, and any equipment carried.

What place is famous for paragliding in Nepal?

Sarangkot

Sarangkot is the most famous paragliding destination in Nepal. You can get there by driving 30 minutes from Pokhara. You will fly over Sarangkot for a while in the direction of Pokhara and land near Phewa Tal. Other famous places within Kathmandu are Chapakharka, Kot Danda, Godavari, and Phulchowki.

Is paragliding safe in Pokhara?

Paragliding in Pokhara is generally safe activity. It is probably safer than crossing the street at a busy intersection in the city. There are more than 250 flights a day in the high season. In case of an accident, a backup parachute and a large lake are available for safety

Review

Highly recommended

I have only one word that could describe my feeling, "AMAZING." I flew with the pilot was Deepak. He was super nice, friendly, good guidelines. We did good teamwork and bolted together in 30 minutes. It was one of the highlights of my Nepal trip, and you should try it too. Everything was easy, and we enjoyed every moment in the sky. When we landed, we also did well, super easy with an experienced pilot like Deepak. Many thanks to my pilot, and I wish him all the best.

Very fun in Pokhara Paragliding

It is a must-visit when you are in Pokhara. It is not suitable for the faint-hearted, but sometimes you have to have an adventure once in a while. I asked the pilot to do aerobatics, which cost extra, of course, and it was a hair-raising experience. I almost threw up genuinely excellent! For a well-coordinated activity before, during, and after the event. Also, they have a good take-off point. Cheers!

Lifetime experience. Highly recommended.

What a great experience! It a bit scary at take-off, but after that, everything is fantastic. The instructor has a good sense of humour and talent, and the top view is charming. They also give free photos and videos.