

Contact Details:

- ✓ Web: - www.nepaltouroperators.com
- ✓ Email: - nepaltouragency@gmail.com
- ✓ Cell No: - +9779871016865 (whatsapp, viber, WeChat)

Ruby Valley Trek is one of the least explored hidden trails in the Ganesh Himal region. The trail crosses the districts of Dhading, Gorkha, Rasuwa, and Nuwakot between two popular destinations known as Langtang National Park and the Manaslu Conservation Area Project. The trail offers breathtaking mountain views and diverse cultural and daily lifestyles of a different group such as Brahmin, Chhetri, Tamang, Newars, Chepong, and Dalits. The main highlights of the Ruby Valley Trek are as below

The highlight of the ruby valley trek

- ❖ Explore Tamang and Gurung culture.
- ❖ Get great views of the central Himalayas of Nepal.
- ❖ You can raise the Ruby mines in the mountains.
- ❖ Immerse yourself in local rural life and a homestay experience.
- ❖ Magnificent views of the Himalayas.

Ruby Valley Trek

Ruby Valley Trek is a less traveled and newly introduced trek in the Ganesh Himal region of Nepal. The Ruby Valley lies between two popular trekking destinations known as Manaslu Conservation Area Project and Langtang National Park and. The trail offers breathtaking views of the mountains and the lifestyle of local people from different cultural groups such as Gurung, Brahmin, Chhetri, Tamang, Newars, and Dalits.

There are many attractions such as Hindu Temple, Buddhist monasteries, tranquil ponds, breathtaking views of Mount Annapurna, Langtang, Ganesh Himal, and Manaslu. You can also find different species of herbal plants, the cheese dairy, and beautiful landscapes. This place has a strong possibility of crystals like ruby

and zinc, which are precious minerals. For wildlife here, you can find red pandas, snow leopards, bears, tigers, wolves, pheasants, and many types of monkeys and deer. The warm hospitality of the local people gives life to the proverb: the guests are god, which makes them serve and respect each guest in their village as their god, which will make the trip an excellent memory of the unforgettable adventure of life.

Detailed itinerary of the Ruby Valley trek

Day 1: Arrival at Kathmandu International Airport.

After you arrive at Kathmandu International Airport, our representative will meet you and transfer you to the hotel. After you rest, we will discuss the details of the trip and the necessary equipment you need during the trek. We will reserve a three-star hotel for you in Kathmandu.

Meals included: Breakfast

Day 2: City tour in Kathmandu and preparation of the trek.

On your second day in Nepal, you will start your city tour with an experienced tour guide and take you to the most historical and spiritual attractions of Kathmandu. You will visit World Heritage sites of Kathmandu Durbar Square, the sacred Hindu temple Pashupati Nath, the famous and beautiful Swoyambhunath, which is also called Monkey Temple and Buddhist sanctuary (Baudha Nath). You will stay at a hotel with breakfast

Day 3: Drive Kathmandu to Syafu Besi

Today, After breakfast, drive to Syabru Besi via Dhunche. The trip offers a panoramic view of the mountains, small communities, and beautiful gorges and waterfalls, fascinating impenetrable forests, picturesque terraced fields where local citizens plow the fields and work.

The first part of your trip to Trishuli Bazaar is reasonably smooth, then the trails along the gravel road. During the monsoon season, the road is blocked due to

landslides. From Kathmandu, you can take a comfortable bus or land cruiser. You will spend the night at the lodge, including breakfast, lunch, and dinner.

Day 4: trekking Syafrubeshi to Gatlang: Walking Distance 5-6 hours

Gatlang will be your second stop on this beautiful journey. If you know the Tamang community in Nepal, you have undoubtedly heard of Gatlang. Gatlang is a typical Tamang village. It is famous for the traditions and cultural heritage of this ethnic group. It is also the best place to witness local food, festivals, and a natural lifestyle full of love and happiness. Besides, this place is also famous for handicrafts, arts, and temples of religious importance. You can see people worshipping in small lakes and rivers. It is a perfect example of how much these people relate to their nature. And you will surely be happy to have such a new and excellent experience. You will spend the night at gatlang, breakfast, lunch, and dinner included.

Day 5: Trekking Gatlang to Somdang: walking distance, 5-6 hours

After breakfast, you will start your today's journey. You have explored so many things already, but the best is on the way. Today's trek will generally last six hours, and you will reach Somdang at 3271 meters above sea level. During this trip, you will mainly cross the significant forest areas filled with rhododendrons and many other wildflowers, as well as pine trees. These magnificent and profound forest areas will continue to keep you company until Yuri Kharka then Khurpu Bhanjyang. From there, you will climb the purest river called the Somdang River. Finally, crossing the Somdang River, you will reach Somdang and explore. You will spend one night there.

Meals included: Breakfast, lunch, and dinner.

Day 6: Trek Somdang to Tipling: Walking distance, 6-7 hours

Today you will arrive at Tipling via Pangsang Pass La. The route crosses incredible landscapes and terraces. Pangsang Pass La is located at the height of 3842 meters and is the highest elevation of the Ruby Valley Trek. It is also a vantage point over the incredible Ganesh Himal Mountain, the Manasalu range, and its surroundings.

This place is also famous for the cultural values that you can see in Buddhism and Tamang culture.

Meals included: Breakfast, lunch, and dinner.

Day 7: Acclimatization at Tipling

Today you can take a break from each day of hiking and rest for a day. You can also walk through the villages of various ethnic groups. You can also go to nearby lands, rivers, and lakes. In addition to this, you can also enjoy photography and capture your precious moments for life.

Meals included: Breakfast, lunch, and dinner.

Day 8: Trek from Tipling to Chalish Gaun via Sertung: 6 to 7 hours

Today you will ride to Shertung in Chalisa. Shertung means the place of gold. This Shertung place has many religious stories related to this place, and it is considered to be one of the holiest places. Various religious and cultural activities take place at this location. This place offers you the best opportunity to get to know the various cultural aspects of different ethnic groups.

And also, you will go to Chalish Gaun. This village is the residence of various ethnic groups, such as Gurung, Tamang, etc. You can also enjoy the hot springs of this place and relax.

Meals included: Breakfast, lunch, and dinner.

Day 9: Trek from Chalish Gaun to Jharlang: walking distance 6-7 hours

It will take six to seven hours of walking to reach Jharlang. The whole route is covered with superb views of the mountains and walks through the forest, flowers, and hills. You can also see other people climbing there. It is different and yet beautiful than in other places. On the way, you will cross various areas such as Deul Danda, the village of Gobre, Chap Danda, etc.

Meals included: Breakfast, lunch, and dinner.

Day 10: Trek from Jharlang to Dharkha Gaun: walking distance 5-6 hours

Dharkha Gaun stands at the height of only 850 meters. You will now back from your trip. You will pass incredible rivers, bridges, sometimes flat terrain, and sometimes hills.

Meals included: Breakfast, lunch, and dinner.

Day 11: Trek from Dharkha Gaun to Dharka Phedi

It will be your last trek in this region. Upon arrival at this location, the trek will take you through Kintang Phedi, Jumre Bhanjyang, etc. It is a beautiful place with a cold climate and natural beauty. You will also find the new culture and traditions of the Brahman ethnic group.

Meals included: Breakfast, lunch, and dinner.

Day 12: Dharka Phedi to Kathmandu

Finally, a panoramic drive of the silent streets, overlooking the mountains, will bring you back to Kathmandu. Even if you leave, the experiences and memories of these incredible places will stay with you forever. The warm welcome of the people and the pleasant hospitality of the Nepalese will make your trip even more memorable.

Meals included: Breakfast and lunch

Day 13: Drop To Kathmandu international airport

Finally, you will return to your country with many memories and experiences that you will take to home. You will also receive a lot of love and blessings from Nepal.

Meals included: Breakfast

The price includes

- ❖ Pickup and delivery to the airport in a private vehicle
- ❖ Three-star deluxe Hotel in Kathmandu on twin sharing basis
- ❖ Government license holder experienced trekking guide

- ❖ Staff Food, salary, equipment, accommodation and accidental insurance.
- ❖ Twin sharing tea house basic accommodation during the trek
- ❖ Breakfast, lunch, and dinner chosen from the menu during the trek.
- ❖ Langtang National Park permits.
- ❖ TIMS card for Langtang Trekking.
- ❖ Transfer from Kathmandu to Trek starting point by bus
- ❖ The bus ride from trek endpoint to Kathmandu
- ❖ All necessary documents and all government taxes

The cost does not include

- ❖ Lunch and dinner in Kathmandu.
- ❖ Entry visa fees to Nepal, you can get a Nepalese visa upon your arrival at the airport.
- ❖ International plane ticket.
- ❖ Alcoholic drinks, Hot and cold water, hot shower.
- ❖ Personal expenses such as laundry, phone calls, candy, snacks, drinks, etc.
- ❖ Travel and rescue insurance
- ❖ Tips for trekking staff and driver

Accommodation and meals

We are committed to managing the best, most comfortable, and most preferred accommodation. In general, we organize 3-star hotels with all the facilities in the cities. If available, you can choose a cheaper option or upgrade to a more luxurious hotel paying a little extra.

All the places on your trip have not modern amenities. We try to organized safely and comfortably. Especially tea houses, cabins / local home stays are arranged hygienically and carefully, and do not hesitate to personalize them according to your preferences.

Breakfast is usually included with your accommodation in the costs. Lunch and dinner in City must be paid separately. Often in cities, you can choose from many different cuisines and varied food services.

Remote areas don't have as many options, but hygienic and well-prepared food is always served. Besides, most meals are included in the costs during your trek. We can help you make changes based on your preferences and budget, but only if options are available.

Trekking guide (s) and another crew arrangement

The most important thing that makes this trip enjoyable and memorable is the expert, experienced, courteous, and helpful guide (s) and crew member (s) with the ability to lead your days in the mountains hassle-free. The best and most professional leaders will lead your journey. All staff is carefully selected based on their appropriate experience, leadership skills, and personal aptitudes. To maintain local communities, we only employ local staff who have adequate knowledge of the culture, ecosystem, flora, fauna, geography, and history of the local region (s).

Travel insurance

A travel insurance policy for each itinerary of our company is a prerequisite for booking a holiday. You must have at least an emergency and repatriation insurance to cover the costs of rescue in the mountains. Carefully read the general conditions of your insurers, in particular, you must ensure that the following is included: 1) Activity (i.e., Tourism, hiking or mountaineering) 2) Maximum altitude reached during the trek 3) Evacuation by helicopter in case of emergency. It is essential to understand that you will be responsible for all expenses incurred in the evacuation and repatriation procedures and that it is your responsibility to pay the costs incurred in the event of an evacuation or medical treatment. You should be fully aware of the implications of arranging your travel insurance and understand the inclusion and exclusions of your policy. Please note that our Business Guide can initiate under certain circumstances rescue procedures by helicopter in medical emergencies without first contacting your insurance company for approval.

Physical condition and experience requirements

The Ruby Valley trek is suitable for passionate hikers who can walk for about 5-6 hours a day with a light backpack. Walking is relatively more comfortable for those who are used to walking at higher altitudes. We ask you to run and exercise regularly at least a few months before the start of the trip. Previous hiking experience would be a bonus, but no technical skill is required for this trip. It is also essential to consult your doctor before booking the trek

The best time to travel

The Ruby Valley trek during the fall (September to November) and spring (March to May) seasons is the best. Meanwhile, the sky is clear, and the views are excellent. The weather is suitable for hiking without rain. You can also enjoy lush vegetation in the lower regions of the trail, especially during the spring season.

Trekking equipment

It is a short trek in the Ganesh Himal area. You do not need individual gears.

We recommend a sleeping bag, trekking boots, pants, socks, a warm jacket, t-shirts (two or three) and a long-sleeved shirt, sunscreen (SPF 20+), a bag back, torch (flashlight), camera, memory card and battery charger (spare batteries), quick-drying towel, etc